



1<sup>st</sup> March 2024

Dear Parent/Carer,

### Ramadan

We are aware that we are in the holy month of Ramadan and appreciate that this is a significant and special time in the year for our Muslim students and staff. We fully support students during this time, however all students are expected to participate in all aspects of the curriculum and school life.

We know that many students will choose to fast as part of this religious observance period and would ask that you speak to your child regarding their taking sensible action if necessary. We are understanding and acknowledge that fasting may make some aspects of the curriculum more challenging, and all staff are aware that they may have fasting students in their groups. We do, however, expect all students to take part to the best of their ability. In PE, the staff alter the curriculum to ensure that all our students can continue to take part in these lessons.

The Association of School and College Leaders have consulted with Imams, Islamic scholars and Muslim chaplains in the education sector and have advised that if the school notices signs of dehydration or exhaustion due to fasting, then your child should be advised to stop the fast immediately by drinking some water. Should we have a concern, the school will make every effort to contact parents and discuss the best course of action for their child.

The Muslim Council of Britain provides [a guide on healthy living and Ramadan](#). Parents/carers of students who have a diagnosed medical condition, such as diabetes, will need to obtain advice from their specialist consultant before considering fasting.

As a school, we have a legal duty of care to all our students and if there are concerns about an individual student, we have an overriding safeguarding duty and will apply judgement and common sense on a case-by-case basis.

Thank you for your continued support.

Yours sincerely,

Rachel Kelly  
Head of Secondary



FAITH



HOPE



LOVE



GROWTH